



VSA Basic Manners List

Behavior	Description
Attention	Getting your dog's attention is a foundation skill for all future training.
Sit	Teaching bottom on floor, and practicing these variations of sit help to develop fluency
Touch	Learning to touch a hand target is the foundation of a recall and many other behaviors.
Down	Teaching your dog to lie down on cue is a foundation for impulse control and relaxation.
Recall	Teaching your dog to come on cue can be a lifesaver in an emergency situation.
Leave it	Learning patience and impulse control is necessary in order to leave items alone.
Wait	Useful for teaching your dog impulse control in a variety of everyday situations.
Leash Walking	Teaching polite leash walking is an essential skill for impulse control and teamwork.
Go to Mat	Teaching your dog to relax on a mat encourages relaxation and impulse control, and provides a "home-base" during class and other situations.
Stay	Different from 'wait', stay helps provide clarity to this idle behavior.
Drop	Useful for teaching dropping items through play and for preventing resource guarding.
Stand	Teaching your dog to stand both on cue and as a default behavior is valuable in a variety of situations especially for husbandry and greetings.